

NOTICE OF PRIVACY PRACTICES (Version 12/08/2025)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY. THE PRIVACY OF YOUR MEDICAL INFORMATION IS IMPORTANT TO US.

Our Legal Duty

We are required by applicable federal and state laws to maintain the privacy of your protected health information. We are also required to give you this notice about our privacy practices, our legal duties, and your rights concerning your protected health information. We must follow the privacy practices that are described in this notice while it is in effect. This notice takes effect **December 8th, 2025**, and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this notice at any time, provided that such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our notice effective for all protected health information that we maintain, including medical information we created or received before we made the changes.

You may request a copy of our notice (or any subsequent revised notice) at any time. For more information about our privacy practices, or for additional copies of this notice, please contact us using the information listed at the end of this notice.

Uses and Disclosures of Protected Health Information

We will use and disclose your protected health information about you for treatment, payment, and health care operations.

Following are examples of the types of uses and disclosures of your protected health care information that may occur. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office.

Treatment: We will use and disclose your protected health information to provide, coordinate or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. We will also disclose protected health information to other physicians who may be treating you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

In addition, we may disclose your protected health information from time to time to another physician or health care provider (e.g., a specialist or laboratory) who, at the request of your physician, becomes involved in your care by providing assistance with your health care diagnosis or treatment to your physician.

Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you, such as: making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for protected health necessity, and undertaking utilization review activities. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Health Care Operations: We may use or disclose, as needed, your protected health information in order to conduct certain business and operational activities. These activities include, but are not limited to, quality assessment activities, employee review activities, training of students, licensing, and conducting or arranging for other business activities.

For example, we may use a sign-in sheet at the registration desk where you will be asked to sign your name. We may also call you by name in the waiting room when your doctor is ready to see you. We may use or disclose your protected health information, as necessary, to contact you by telephone or mail to remind you of your appointment.

We will share your protected health information with third party “business associates” that perform various activities (e.g., billing, transcription services) for the practice. Whenever an arrangement between our office and a business associate involves the use or disclosure of your protected health information, we will have a written contract that contains terms that will protect the privacy of your protected health information.

We may use or disclose your protected health information, as necessary, to provide you with information about treatment alternatives or other health-related benefits and services that may be of interest to you. We may also use and disclose your protected health information for other marketing activities. For example, your name and address may be used to send you a newsletter about our practice and the services we offer. We may also send you information about products or services that we believe may be beneficial to you. You may contact us to request that these materials not be sent to you.

Uses and Disclosures Based On Your Written Authorization: Other uses and disclosures of your protected health information will be made only with your authorization, unless otherwise permitted or required by law as described below.

You may give us written authorization to use your protected health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Without your written authorization, we will not disclose your health care information except as described in this notice.

Others Involved in Your Health Care: Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your protected health information that directly relates to that person's involvement in your health care. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death.

Marketing: We may use your protected health information to contact you with information about treatment alternatives that may be of interest to you. We may disclose your protected health information to a business associate to assist us in these activities. Unless the information is provided to you by a general newsletter or in person or is for products or services of nominal value, you may opt out of receiving further such information by telling us using the contact information listed at the end of this notice.

Research; Death; Organ Donation: We may use or disclose your protected health information for research purposes in limited circumstances. We may disclose the protected health information of a deceased person to a coroner, protected health examiner, funeral director or organ procurement organization for certain purposes.

Public Health and Safety: We may disclose your protected health information to the extent necessary to avert a serious and imminent threat to your health or safety, or the health or safety of others. We may disclose your protected health information to a government agency authorized to oversee the health care system or government programs or its contractors, and to public health authorities for public health purposes.

Health Oversight: We may disclose protected health information to a health oversight agency for activities authorized by law, such as audits, investigations and inspections. Oversight agencies seeking this information include government agencies that oversee the health care system, government benefit programs, other government regulatory programs and civil rights laws.

Abuse or Neglect: We may disclose your protected health information to a public health authority that is authorized by law to receive reports of child abuse or neglect. In addition, we may disclose your protected health information if we believe that you have been a victim of abuse, neglect or domestic violence to the governmental entity or agency authorized to receive such information. In this case, the disclosure will be made consistent with the requirements of applicable federal and state laws.

Food and Drug Administration: We may disclose your protected health information to a person or company required by the Food and Drug Administration to report adverse events, product defects or problems, biologic product deviations; to track products; to enable product recalls; to make repairs or replacements; or to conduct post marketing surveillance, as required.

Criminal Activity: Consistent with applicable federal and state laws, we may disclose your protected health information, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. We may also disclose protected health information if it is necessary for law enforcement authorities to identify or apprehend an individual.

Required by Law: We may use or disclose your protected health information when we are required to do so by law. For example, we must disclose your protected health information to the U.S. Department of Health and Human Services upon request for purposes of determining whether we are in compliance with federal privacy laws. We may disclose your protected health information when authorized by workers' compensation or similar laws.

Process and Proceedings: We may disclose your protected health information in response to a court or administrative order, subpoena, discovery request or other lawful process, under certain circumstances. Under limited circumstances, such as a court order, warrant or grand jury subpoena, we may disclose your protected health information to law enforcement officials.

Law Enforcement: We may disclose limited information to a law enforcement official concerning the protected health information of a suspect, fugitive, material witness, crime victim or missing person. We may disclose the protected health information of an inmate or other person in lawful custody to a law enforcement official or correctional institution under certain circumstances. We may disclose protected health information where necessary to assist law enforcement officials to capture an individual who has admitted to participation in a crime or has escaped from lawful custody.

Patient Rights

Access: You have the right to look at or get copies of your protected health information, with limited exceptions. You must make a request in writing to the contact person listed herein to obtain access to your protected health information. You may also request access by sending us a letter to the address at the end of this notice. If you request copies, we will charge you \$1.00 for each page, \$15 per hour for staff time to locate and copy your protected health information, and postage if you want the copies mailed to you. If you prefer, we will prepare a summary or an explanation of your protected health information for a fee. Contact us using the information listed at the end of this notice for a full explanation of our fee structure.

Accounting of Disclosures: You have the right to receive a list of instances in which we or our business associates disclosed your protected health information for purposes other than treatment, payment, health care operations and certain other activities after July 1, 2003. After July 1, 2009, the accounting will be provided for the past six (6) years. We will provide you with the date on which we made the disclosure, the name of the person or entity to whom we disclosed your protected health information, a description of the protected health information we disclosed, the reason for the disclosure, and certain other information. If you request this list more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests. Contact us using the information listed at the end of this notice for a full explanation of our fee structure.

Restriction Requests: You have the right to request that we place additional restrictions on our use or disclosure of your protected health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency). Any agreement we may make to a request for additional restrictions must be in writing signed by a person authorized to make such an agreement on our behalf. We will not be bound unless our agreement is so memorialized in writing.

Confidential Communication: You have the right to request that we communicate with you in confidence about your protected health information by alternative means or to an alternative location. You must make your request in writing. We must accommodate your request if it is reasonable, specifies the alternative means or location, and continues to permit us to bill and collect payment from you.

Amendment: You have the right to request that we amend your protected health information. Your request must be in writing, and it must explain why the information should be amended. We may deny your request if we did not create the information you want amended or for certain other reasons. If we deny your request, we will provide you a written explanation. You may respond with a statement of disagreement to be appended to the information you wanted amended. If we accept your request to amend the information, we will make reasonable efforts to inform others, including people or entities you name, of the amendment and to include the changes in any future disclosures of that information.

Electronic Notice: If you receive this notice on our website or by electronic mail (e-mail), you are entitled to receive this notice in written form. Please contact us using the information listed at the end of this notice to obtain this notice in written form.

Questions and Complaints

If you want more information about our privacy practices or have questions or concerns, please contact us using the information below.

If you believe that we may have violated your privacy rights, or you disagree with a decision we made about access to your protected health information or in response to a request you made, you may complain to us using the contact information below. You also may submit a written complaint to the U.S. Department of Health and Human Services. We will provide you with the address to file your complaint with the U.S. Department of Health and Human Services upon request.

We support your right to protect the privacy of your protected health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.

Name of Contact Person: Corey Otis

Phone: 248-887-3729, Fax: 248-889-8910

Address: Highland Foot and Ankle Clinic 2997 E Highland Rd. Highland, MI 48356

Highland Foot and Ankle Clinic

Notification of Office Policies & Procedures version 12/08/2025

- 1. Reading the following policies and procedures annually will keep you informed about our office.**
- 2. Appointments:** Physicians are available by appointment during posted hours. During a medical emergency, patients should seek care at the nearest emergency room or call 911.
- 3. Refills & Medications:** Refill request(s) will only be considered for patients seen within 30 days prior to the request. All other requests will require an appointment. Allow 48hrs for request processing.
- 4. Benefits:** Highland Foot and Ankle Clinic will reiterate the benefits that were disclosed to us by your insurance plan. We will then collect based on that benefit level all applicable copays, deductibles, coinsurance and balances that apply at the time of service or at the pre-operative appointment. All co-payments and deductible must be paid at the time of service. This arrangement is part of your contract with your insurance company. Failure on our part to collect co-payments and deductibles from patients can be considered fraud.
- 5. Self Pay:** Payment in full is due at the time of service if you do not have health insurance. A fee schedule is available.
- 6. Patient Billing:** You will be sent up to two notices for your financial responsibility after payment and/or explanation of benefits (EOB) is received from your insurance company/companies. The second notice will include a statement fee of \$5. After the second and last notice, your account may be forwarded to collections, a \$20 collection fee will be added to all accounts sent to collections. Please let the billing office know if you have any difficulties resolving your bill. Payment arrangements can be made on a case by case basis.
- 7. Statement Fee:** There will be a statement fee of \$5 per statement sent to you to collect outstanding co-payments, coinsurance & deductibles. The fee will compound with every additional statement sent.
- 8. Payment:** Highland Foot and Ankle Clinic accepts VISA, MasterCard, Discover, Cash or Checks.
- 9. Returned Checks:** A \$50 fee will be assessed on all returned checks.
- 10. Delinquent Accounts:** Past due accounts are subject to collection proceedings and are reported to the credit bureau. All collection fees, attorney fees and court fees shall become the patient's/responsible party's responsibility in addition to the balance due to the office. Delinquent accounts will result in future services on a pre-payment basis only with a fee of \$25.
- 11. Non-Covered Services:** Highland Foot and Ankle Clinic will not submit claims for non-covered items. Including but not limited to over the counter convenience items (OTC eg. Biofreeze, Coban, Gordocrom, NeuRemedy, ect.)
- 12. Referrals:** The patient is responsible for all insurance prior authorizations and/or managed care referrals necessary for payment to Highland Foot and Ankle Clinic. Patients that present without their required referral will be asked to reschedule their appointment or to sign a referral waiver. The referral waiver states that the patient agrees to be fully responsible for all charges if their referral is not received. Blue Care Network patients will be required to reschedule their appointment if they do not a referral.
- 13. Claims Submission:** Highland Foot and Ankle Clinic will file claims based on the patient's insurance assignment. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with their request. Highland Foot and Ankle Clinic will bill your insurance as a courtesy, but it is ultimately your responsibility to make sure your insurance company pays, and if they do not pay you must pay the bill in full.
- 14. Missed Appointments:** A \$50 charge will apply for appointments broken or canceled without 24 hours advance notice. Habitual broken appointments may lead to the patient being discharged from the practice.
- 15. Lateness:** If you are more than 10 mins late for your scheduled appointment you will be asked to reschedule.
- 16. Refunds:** Highland Foot and Ankle Clinic issues patient refunds by check within 30 days of a completed investigation of potential overpayment, as long as other outstanding accounts have been resolved.
- 17. Custom Medical Devices:** You will be notified when your custom equipment is available. The device must be picked up within 30 days of the notice. When you agree to have a custom medical device made you are agreeing that you will be financially responsible for the cost of the device regardless of insurance coverage. No returns are accepted on custom devices. If not picked up in 30 days, you will be billed and agree to pay for the items total cost for failure to pick up item.
- 18. Paperwork:** A \$50 charge will apply for any paperwork needed to be filled out by Highland Foot and Ankle Clinic. (eg. Disability paperwork)
- 19. Code of Conduct:** Patients or family members who are disrespectful or rude to our staff will no longer be eligible for services at Highland Foot and Ankle Clinic.
- 20. Pharmacy History:** You give us permission to electronically access your pharmacy history.

Highland Foot and Ankle Clinic

Authorization from Patient or Legal Representative version 12/08/2025

- 1. Consent to Treat:** The undersigned consents to any initial and/or follow-up evaluations, examinations, x-rays, laboratory procedures, other tests, medications, medical treatment, surgery, physical therapy, home instructions, orthotics, other durable medical equipment, photographing and/or videotaping and/or other services rendered to the patient by Highland Foot and Ankle Clinic and its providers. The undersigned agrees that it is their responsibility to contact and/or schedule with Highland Foot and Ankle Clinic for any follow-up visits, other services, prescriptions and items ordered for the patient. The undersigned also understands that Highland Foot and Ankle Clinic providers exercise their care with reasonable skill and diligence, but make no guarantee as to the results or cure that will be attained.
- 2. Assignment of Benefits:** I hereby irrevocably assign, transfer and convey to Highland Foot and Ankle Clinic and any practitioner providing care and treatment to me/my child, any and all benefits and all interest and rights (including causes of action, the right to enforce payment and the right to appeal an adverse benefit determination) to which I am entitled under an employee benefit plan sponsored by my employer, all insurance policies, benefits, any third-party reimbursement, or prepaid health care plan for services rendered or products I received from Highland Foot and Ankle Clinic.
- 3. Medicare Assignment:** I certify that the information given by me in applying for payment under XVIII of the Social Security Act is correct and agree to complete the Medicare screening form annually. I authorize the release of information concerning me to the Social Security Administration or its intermediaries as well as any information needed for filing a Medicare claim; I request that payment and authorized benefits be made on my behalf. I assign benefits payable for services to Highland Foot and Ankle Clinic.
- 4. Authorization to Release Information:** I consent and authorize Highland Foot and Ankle Clinic and its agents to release my health information for the purpose of payment, treatment, and healthcare operations to any of the following: insurance company and its affiliates, any practitioner, support staff or facility involved in my plan of care or transfer of care. In addition I understand that the potential uses and disclosures of my Health Information are detailed in the Privacy notice. The HIPAA Notice of Privacy Practices are available online at www.HighlandFootandAnkleClinic.com. Individual copies are also available in the office and posted in the lobby. I have read/had the opportunity to read my HIPAA rights, which include Highland Foot and Ankle Clinic's fees for records.
- 5. Designation of Authorized Representative:** I designate and appoint Highland Foot and Ankle Clinic (and its agents) as my authorized representative and authorize it to act on my behalf to 1) request and receive a copy of the summary plan description, 2) pursue a benefit claim, 3) appeal and adverse benefit determination, and/or 4) file a legal/equitable action to recover benefits from my employee benefit plan, insurance policy, and any third-party reimbursement or prepaid health care plan. I understand and agree that my authorized representative shall have full authority to act, and receive notices, on my behalf with respect to an initial determination of the claim for health benefits relating to treatment and health care services received by me/my child at Highland Foot and Ankle Clinic, any requests for documents relating to this claim and appeal of an adverse determination of the claim.
- 6. Financial Agreement:** I hereby promise to pay for all products received or services rendered to me/my child to the extent I am legally responsible for such payment. According to the language of the physician's insurance contract, I understand that I am responsible for all health insurance copayments, deductibles, coinsurances, OTC-over the counter convenience items and NCS-noncovered services and any other amounts that apply at the time of service or at the pre-operative appointment. Regardless of the assignment of benefits, should the insurance misrepresent their coverage or delay payment of a claim greater than 60 days, as the designated responsible party, I am responsible for the for all monies owed to Highland Foot and Ankle Clinic. I also understand that the insurance policy is a contract between me and the insurance company; therefore the policy holder should contact the insurance carrier first when there are questions regarding explanation of benefits.
- 7. Authorization to Use Information/Images:** I consent to allow Highland Foot and Ankle Clinic to use my provided email & contact information for educational & marketing contact purposes. I consent to the use of photographic images of me, taken by Highland Foot and Ankle Clinic, for care, teaching and/or advertising purposes.
- 8. Authorization to Contact:** I agree to allow any information I provide to Highland Foot and Ankle Clinic to be used for contacting me regarding appointments, treatment matters, marketing, and other information. This includes home phone, cell phone, texting, emails, mail and other means. With texting and cell phone communication you understand that Msg & Data rates may apply. You may opt out of communication by contacting the office manager at Highland Foot and Ankle Clinic at any time.